



Pasadena Villa®
OUTPATIENT

Triad

WHO WE ARE

Located in Greensboro, NC, Pasadena Villa Outpatient specializes in treating adults (18 years or older) struggling with mental health challenges.

We place a strong emphasis on building and practicing coping skills, life skills, and self-management strategies in real-time to promote independence and build a life worth living.

WHAT WE TREAT

- Major Depressive Disorders
- Anxiety Spectrum Disorders
- Bipolar Disorder
- Post Traumatic Stress Disorder
- Personality Disorders
- Co-occurring Autism Spectrum Disorder
- Co-occurring Substance Use Disorder

LEVELS OF CARE

Intensive Outpatient Program (IOP)

IOP is designed to help individuals who are experiencing an increase in distressing symptoms and behaviors or are not progressing in traditional outpatient services. The extra treatment and support foster meaningful improvement and create a solid foundation before transitioning to community treatment. IOP meets 3 to 5 days a week for 3 hours a day.

Partial Hospitalization Program (PHP)

PHP serves as a preventive program to hospitalization, as well as a solid bridge for those stepping down from hospitalizations or residential treatment programs. PHP meets 5 days a week, Monday through Friday from 9:00 am to 3:00 pm.



OUR PROGRAM

Customized Treatment

- Tailored psychotherapy groups meet week to week to ensure they address the client's needs.
- Group-based with individual psychotherapy, family sessions, and medication management as indicated by the treatment plan.
- Virtual and in-person treatment options are available.
- We are a LGBTQ+ affirming environment.

Collaborative Environment

- Seasoned psychiatrists oversee treatment, conduct psychiatric evaluations, and offer medical consultation.
- Collaboration with community providers that serves as an extension of the client's treatment team.

Compassionate Care

Licensed clinicians with certifications in evidence-based modalities provide a whole person approach using:

- Dialectical Behavior Therapy (DBT)
- Cognitive Behavioral Therapy (CBT)
- Seeking Safety Therapy
- Emotional Freedom Techniques
- Music Therapy
- Grounding & Mindfulness

HOW DO I GET STARTED?

Call us at 336.792.7413 to schedule a free 30-minute screening with one of our clinicians to determine eligibility and the appropriate level of care. Screenings can often be scheduled on the same day.

CAN I AFFORD TREATMENT?

Pasadena Villa Outpatient offers a variety of payment options, including in-network, out-of-network, and private pay rates. Call us at 336.792.7413 to discuss financial and insurance options.



Pasadena Villa Outpatient – Triad provides intensive day treatment to foster recovery and empower individuals to transform their lives.

For more information on how we can help,
call **336.792.7413**.

Pasadena Villa®

Psychiatric Treatment Network



JOINT
COMMISSION
ACCREDITED

Pasadena Villa Outpatient – Triad
7900 Triad Center Dr. Suite 300
Greensboro, NC 27409

pasadenavillaoutpatient.com



ODYSSEY
OUTPATIENT NETWORK

Pasadena Villa Outpatient – Triad is a proud part of the Odyssey Outpatient Network.