

EVENING VIRTUAL INTENSIVE OUTPATIENT FOR NORTH CAROLINA RESIDENTS

SUPPORTING NORTH CAROLINA RESIDENTS

Evening programming is ideal for those currently working, in school, or unable to travel or attend treatment during the day. Online therapy for mental health disorders is proven to be as effective as in-person treatment if you choose the right program with a strong clinical team.

Our experienced clinicians at our North Carolina facilities in Charlotte, Raleigh, and Triad, are now offering their impactful virtual intensive outpatient program (V-IOP) level of care in the evenings throughout the state.

OUR PROGRAM

Designed to help individuals needing more than what traditional outpatient services provide, our program offers the extra treatment and support needed to foster meaningful improvement. Our eight-week virtual DBT-informed program is offered in the evenings on Mondays, Wednesdays, and Thursdays from 5:00 to 8:00 pm EST for adults (18+) of all genders. We help clients create a solid foundation before they transition back to standard outpatient treatment.

WHAT WE TREAT

Our experienced clinicians can work with you to treat a variety of mental health disorders, including:

- Anxiety
- Bipolar Disorder
- Depression
- Personality Disorders including Borderline Personality Disorder (BPD)
- Post-Traumatic Stress Disorder (PTSD)
- Schizophrenia and Other Psychotic Disorders
- Co-occurring Autism Spectrum Disorder (ASD)
- Co-occurring Substance Use Disorder (SUD)

PAYMENT OPTIONS

We offer flexible payment methods including in-network options with commercial insurance providers, out-of-network benefits, and a private-pay rate.

For more information,
contact our admissions team at
866.929.1550

Pasadena Villa[®]
OUTPATIENT

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