

EVENING VIRTUAL INTENSIVE OUTPATIENT FOR VIRGINIA RESIDENTS

SUPPORTING VIRGINIA RESIDENTS

Evening programming is ideal for those currently working, in school, or unable to travel or attend treatment during the day. Online therapy for mental health disorders is proven to be as effective as in-person treatment if you choose the right program with a strong clinical team.

Our experienced clinicians at our Virginia facilities in McLean, Richmond, and Norfolk, are now offering engaging, evidence-based group and individual therapy sessions.

OUR PROGRAM

Designed to help individuals needing a higher level of treatment than traditional outpatient services, our program offers extra support that fosters meaningful improvement. Our eight-week virtual program utilizes evidence-based practices delivered through engaging, intensive individual and group therapy sessions for adults (ages 18+) of all genders. Offered in the evenings from 4:00 PM to 7:00 PM EST on Tuesdays, Wednesdays, and Thursdays, we help clients create a solid foundation before they transition back to traditional outpatient treatment.

WHAT WE TREAT

Our experienced clinicians work with clients to treat a variety of mental health disorders, including:

- Anxiety
- Bipolar Disorder
- Depression
- Personality Disorders including Borderline Personality Disorder (BPD)
- Post-Traumatic Stress Disorder (PTSD)
- Schizophrenia and Other Psychotic Disorders
- Co-occurring Autism Spectrum Disorder (ASD)
- Co-occurring Substance Use Disorder (SUD)

PAYMENT OPTIONS

We offer flexible payment methods including in-network options with commercial insurance providers, out-of-network benefits, and a private-pay rate.

For more information,
contact our admissions team at
866.887.1035

Pasadena Villa[®]
OUTPATIENT

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