



# Clearview

OUTPATIENT

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*Los Angeles*



## WHO WE ARE

Located in West Los Angeles, Clearview Outpatient - Los Angeles specializes in treating adults, 18 years and older, who are challenged with emotional dysregulation, and who have mood disorders, personality disorders, and substance use disorder.

At Clearview Los Angeles, we utilize the most current evidence-based treatment modalities and create individualized treatment plans for each client. We are committed to providing compassionate, comprehensive, and high-quality individualized psychiatric and psychotherapeutic care for adults who suffer from severe and persistent mental illness while maximizing social functioning in the real world.

## WHAT WE TREAT

- Anxiety Disorders
- Bipolar Disorder
- Depressive Disorders
- Emotional Dysregulation
- Personality Disorders including Borderline Personality Disorder (BPD)
- Post-Traumatic Stress Disorder (PTSD)
- Self-Harm
- Suicidal Ideation
- Substance Use Disorder

## LEVELS OF CARE

### PARTIAL HOSPITALIZATION PROGRAM (PHP)

Our PHP includes intensive psychotherapeutic treatment and support in a less restrictive setting than inpatient care. Clients can participate in a structured

therapeutic program during the day while living at home and enjoying their community in the evenings. The goal is to establish a foundation for long-term recovery. Our PHP is appropriate for those who may have one or more of the following symptoms: withdrawal from normal activities; behavioral problems; depression; anxiety; suffering from pervasive, psychiatric disorders; at risk of being a danger to themselves; or at risk of being violent toward others.

### INTENSIVE OUTPATIENT PROGRAM (IOP)

Providing a higher level of support, our IOP is designed to help individuals who are experiencing an increase in distressing symptoms and behaviors or who aren't progressing in traditional outpatient services. The extra treatment and support foster meaningful improvement and create a solid foundation for clients before they transition to community treatment.

### VIRTUAL INTENSIVE OUTPATIENT PROGRAM (V-IOP)

A convenient and COVID-safe option, our V-IOP mirrors the experience and support of our in-person treatment. The program helps clients establish a solid foundation before they transition to traditional outpatient.



## OUR PROGRAM

### CUSTOMIZED TREATMENT

- Specifically curated psychotherapy groups meet weekly to ensure they address each client's needs.
- Treatment options include group-based therapy with individual psychotherapy, family sessions, and medication management as indicated by the treatment plans.

### CLINICALLY EXCELLENT CARE

Our team of skilled clinicians utilizes evidence-based methods and a whole-person approach that includes the following therapies: whole-person approach that includes the following therapies:

- Cognitive Behavioral Therapy (CBT)
- Dialectical Behavior Therapy (DBT)
- Expressive Art Therapy
- Acceptance and Commitment Therapy (ACT)
- Seeking Safety

### COLLABORATIVE ENVIRONMENT

- Board-certified psychiatrists oversee treatment, conduct psychiatric evaluations, and offer medical consultations.

- Through privileged clinical partnerships, community providers continue to serve as an extension of each client's treatment team.

## HOW DO I GET STARTED?

Call us at 800.573.0770 to schedule an assessment with our admissions team. Assessments can often be scheduled on the same day.

## PAYMENT OPTIONS

Clearview Outpatient - Los Angeles is in-network with Anthem Blue Cross, MHN, and Health Net. We also accept out-of-network benefits from other major insurance companies. For those preferring to pay for treatment directly, we offer a private-pay rate. Additionally, we are a participating provider in the VA Community Care Network.

**Note: We do not accept Medicare or Medicaid.**



Clearview Outpatient – Los Angeles provides intensive outpatient treatment to foster recovery and empower individuals to transform their lives.

For more information on how we can help,  
call 800.573.0770.

**All calls are 100% confidential.**



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JOINT  
COMMISSION  
ACCREDITED

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**Odyssey**  
OUTPATIENT NETWORK

Clearview Outpatient – Los Angeles is a proud part  
of the Odyssey Outpatient Network.