

Woodland Hills specializes in treating adults, 18 years and older, who have mood disorders, personality disorders, psychotic disorders, depression, anxiety, trauma disorders, secondary substance use disorders, and cooccurring autism spectrum disorder (ASD).

# Levels of Care

#### Partial Hospitalization Program (PHP)

Meets in person five days a week for six hours per day.

#### Intensive Outpatient Program (IOP)

Meets three to five days a week for three hours a day.

Note: For clients throughout the state of California an evening V-IOP is offered.

### What We Treat

- Anxiety Disorders
- Bipolar Disorder
- Depressive Disorders
- Emotional Dysregulation
- Personality Disorders including Borderline Personality Disorder (BPD)
- Post-Traumatic Stress Disorder (PTSD)
- Self-harm
- Suicidal Ideation
- Secondary Substance Use Disorders
- Co-occurring Autism Spectrum Disorder (ASD)

## **Our Program**

Our licensed clinicians with certifications in evidence-based methods utilize a wholeperson approach that includes the following therapies:

- Cognitive Behavioral Therapy (CBT)
- Dialectical Behavior Therapy (DBT)
- Expressive Therapy
- Experiential Therapy
- Process Oriented Groups

Board-certified psychiatrists oversee treatment, conduct psychiatric evaluations, and offer medical consultations. Through privileged clinical partnerships, community providers continue to serve as an extension of each client's treatment team.

#### **Payment Options**

We offer a variety of payment options including in- network, out-of-network, and private-pay rates. Call us at 818.351.7330 to discuss financial and insurance options.

Admissions: 818.351.7330 odysseyoutpatient.com/woodland-hills Clearview Outpatient – Woodland Hills provides intensive day treatment to foster recovery and empower individuals to transform their lives.

For more information on how we can help, call 818.351.7330.

All calls are 100% confidential.





Joint Commission Accredited

Clearview Outpatient – Woodland Hills 21021 Ventura Blvd., Suite 400 Woodland Hills, CA 91364

odysseyoutpatient.com/woodland-hills



Clearview Outpatient – Woodland Hills is a proud part of the Odyssey Outpatient Network.