Pasadena Villa®
OUTPATIENT Chapel Hill

The Pasadena Villa Outpatient Treatment network provides treatment for adults, 18 years or older, struggling with various mental illnesses. The levels
of care offered include partial hospitalization, intensive outpatient, and virtual intensive outpatient programming.

Levels of Care

Partial Hospitalization Program (PHP)
PHP meets in person five days a week for six hours per day.

Intensive Outpatient Program (IOP)
IOP meets in person three to five days a week for three hours a day.

Evening Intensive Outpatient Program (IOP)
Evening IOP meets in person three evenings a week.

Virtual Intensive Outpatient Program (V-IOP)
V-IOP mirrors our in-person IOP and meets three to five days a week for three hours a day.

Note: For clients throughout the state of North Carolina, an evening V-IOP is offered.

What We Treat

- Mood Disorders
- Personality Disorders
- Psychotic Disorders

How We Treat

Our program is firmly rooted in evidence-based treatment methods with treatment plans specific to each client's needs. In tandem with our Social Integration Model™, which enables clients to put skills learned into practice with the support of their therapist, our clinical team uses multiple therapeutic modalities including:

- Dialectical Behavior Therapy (DBT)
- Cognitive Behavioral Therapy (CBT)
- Expressive Art Therapy
- Music Therapy
- Somatic Psychotherapies
- Therapeutic Yoga
- Family Therapy
- Individual Therapy

Payment Options

We offer a variety of payment options including in-network, out-of-network, and private-pay rates that may vary by state or location. Please contact us at 984.646.6559 to learn more about the financial and insurance options available.

Pasadena Villa Outpatient – Chapel Hill provides intensive day treatment to foster recovery and empower individuals to transform their lives.

For more information on how we can help, call 984.646.6559.

All calls are 100% confidential.

Pasadena Villa ®
OUTPATIENT Chapel Hill

Joint
Commission
Accredited

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odysseyoutpatient.com/chapel-hill

Odyssey ™
OUTPATIENT NETWORK

Pasadena Villa Outpatient - Chapel Hill is a proud part of the Odyssey Outpatient Network.