



Clearview Outpatient-Pasadena specializes in treating adults, 18 years and older, who struggle with various mental disorders, including but not limited to anxiety disorders, depression, bipolar disorder, mood disorder, post-traumatic stress disorder (PTSD), personality disorders, co-occurring autism spectrum disorder (ASD) and co-occurring substance use disorder.

## Levels of Care

### Partial Hospitalization Program (PHP)

Meets in person five days a week for six hours per day.

### Intensive Outpatient Program (IOP)

Meets three to five days a week for three hours a day.

Note: For clients throughout the state of California an evening V-IOP is offered.

## What We Treat

- Anxiety Disorders
- Bipolar disorder
- Co-occurring Autism Spectrum Disorder (ASD)
- Co-occurring Substance Use Disorder
- Depressive Disorders
- Emotional Dysregulation
- Post-Traumatic Stress Disorder (PTSD) & Complex Trauma
- Personality Disorders including Borderline Personality Disorder (BPD)
- Self-harm
- Suicidal Ideation

## Our Program

Our licensed clinicians with certifications in evidence-based methods utilize a whole-person approach that includes the following therapies:

- Alternatives for Families Cognitive Behavioral Therapy (AF-CBT)
- Cinema Therapy
- Dialectical Behavior Therapy (DBT)
- Expressive Art Therapy
- Individual Cognitive Behavioral Therapy (I-CBT)
- Managing and Adapting Practice (MAP)
- Music Therapy
- Prolonged Exposure (PE)
- Seeking Safety
- Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)

Board-certified psychiatrists oversee treatment, conduct psychiatric evaluations, and offer medical consultations. Through privileged clinical partnerships, community providers continue to serve as an extension of each client's treatment team.

## Payment Options

We offer a variety of payment options including in-network, out-of-network, and private-pay rates. Call us at 626.507.6632 to discuss financial and insurance options.

Clearview Outpatient – Pasadena provides intensive day treatment to foster recovery and empower individuals to transform their lives.

For more information on how we can help, call 626.507.6632.

All calls are 100% confidential.



**Clearview**  
OUTPATIENT *Pasadena*



Joint  
Commission  
Accredited

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[odysseyoutpatient.com/pasadena](https://odysseyoutpatient.com/pasadena)



Clearview Outpatient – Pasadena is a proud part of the Odyssey Outpatient Network.