



Woodland Hills specializes in treating adults, 18 years and older, who have mood disorders, personality disorders, psychotic disorders, depression, anxiety, trauma disorders, secondary substance use disorders, and co-occurring autism spectrum disorder (ASD).

## Levels of Care

### Partial Hospitalization Program (PHP)

Meets in person five days a week for six hours per day.

### Intensive Outpatient Program (IOP)

Meets three to five days a week for three hours a day.

Note: For clients throughout the state of California an evening V-IOP is offered.

## What We Treat

- Anxiety Disorders
- Bipolar Disorder
- Co-occurring Autism Spectrum Disorder (ASD)
- Depressive Disorders
- Emotional Dysregulation
- Personality Disorders including Borderline Personality Disorder (BPD)
- Post-Traumatic Stress Disorder (PTSD)
- Self-harm
- Suicidal Ideation
- Secondary Substance Use Disorders

## Our Program

Our licensed clinicians with certifications in evidence-based methods utilize a whole-person approach that includes the following therapies:

- Cognitive Behavioral Therapy (CBT)
- Dialectical Behavior Therapy (DBT)
- Expressive Therapy
- Experiential Therapy
- Process Oriented Groups

Board-certified psychiatrists oversee treatment, conduct psychiatric evaluations, and offer medical consultations. Through privileged clinical partnerships, community providers continue to serve as an extension of each client's treatment team.

## Payment Options

We offer a variety of payment options including in-network, out-of-network, and private-pay rates. Call us at 818.351.7330 to discuss financial and insurance options.

Clearview Outpatient – Woodland Hills provides intensive day treatment to foster recovery and empower individuals to transform their lives.

For more information on how we can help, call 818.351.7330.

All calls are 100% confidential.



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[odysseyoutpatient.com/woodland-hills](https://odysseyoutpatient.com/woodland-hills)



Clearview Outpatient – Woodland Hills is a proud part of the Odyssey Outpatient Network.