



Clearview Outpatient - Long Beach specializes in treating adults, 18 years and older, who are experiencing severe symptoms related to mood disorders, substance use disorders, personality disorders and post-traumatic stress.

Levels of Care

Partial Hospitalization Program (PHP)

Meets in person five days a week for six hours per day.

Intensive Outpatient Program (IOP)

Meets three to five days a week for three hours a day.

Note: For clients throughout the state of California an evening V-IOP is offered.

What We Treat

- Anxiety disorders
- Bipolar disorder
- Co-occurring autism spectrum disorder (ASD)
- Depressive disorders
- Emotional dysregulation
- Mood disorders
- Substance use disorder (SUD)
- LGBTQ+ counseling and therapy
- Personality disorders including borderline personality disorder (BPD)
- Post-traumatic stress disorder (PTSD)
- Self-harm
- Suicidal ideation

Our Program

Our licensed clinicians with certifications in evidence-based methods utilize a whole-person approach that includes the following therapies:

- Conflict resolution group
- Cognitive behavioral therapy (CBT)
- Dialectical behavior therapy (DBT)
- Expressive art therapy
- Family therapy
- Grief and loss
- Healthy relationships group
- Meditation
- Psychodrama therapy
- Relapse prevention
- Self-esteem group
- Trauma processing

Board-certified psychiatrists oversee treatment, conduct psychiatric evaluations, and offer medical consultations (PHP only). Through privileged clinical partnerships, community providers continue to serve as an extension of each client's treatment team.

Payment Options

We offer a variety of payment options including in-network, out-of-network, and private-pay rates. Call us at 562.573.9685 to discuss financial and insurance options.

All Clearview facilities are proud to be
Joint Commission Accredited.



Name
Title
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Email Address

Clearview Outpatient - Long Beach
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Admissions: 562.573.9685
clearviewtreatment.com/longbeach



Thank you for referring your clients to Clearview Outpatient. Please complete this form, then print and **fax to 424.416.7238**. This form will allow us to have all the information required to get your client started in PHP, IOP or Virtual Treatment.

Date: _____

Demographic Information

Name of Patient: _____

DOB: _____

Client Email: _____

Client Phone: _____

Insurance Information

Insurance Co.: _____

Referral Source

Referrer Name: _____

Agency: _____

Phone/Fax [Can you receive texts? Yes No] : _____

Fax: _____

Email: _____

Reason for Referral: _____

Next Steps

- An Admissions Coordinator will reach out to the client to walk through the admission process
- If you have clinical records related to the referral, those can be faxed to 424.416.7238 or emailed to OBH-OP-Admissions@odysseybh.com. Clinical records should include the client face sheet, insurance information, current clinical evaluation, three most recent progress notes, medication list, and discharge plan.

Signature of Referral Source: _____ Date: _____

**Prefer to fill this form out online instead?
Scan here or visit the URL below.**



odysseyoutpatient.com/long-beach-referral