

Woodland Hills specializes in treating adults, 18 years and older, who have mood disorders, personality disorders, psychotic disorders, depression, anxiety, trauma disorders, secondary substance use disorders, and co-occurring autism spectrum disorder (ASD).

Levels of Care

Partial Hospitalization Program (PHP)

Meets in person five days a week for six hours per day.

Intensive Outpatient Program (IOP)

Meets three to five days a week for three hours a day.

Note: For clients throughout the state of California an evening V-IOP is offered.

What We Treat

- Anxiety disorders
- Bipolar disorder
- Co-occurring autism spectrum disorder (ASD)
- Depressive disorders
- Emotional dysregulation
- Personality disorders including borderline personality disorder (BPD)
- Post-traumatic stress disorder (PTSD)
- Self-harm
- Suicidal ideation
- Secondary substance use disorders

Our Program

Our licensed clinicians with certifications in evidence-based methods utilize a whole-person approach that includes the following therapies:

- Cognitive behavioral therapy (CBT)
- Dialectical behavior therapy (DBT)
- Expressive therapy
- Experiential therapy
- Process oriented groups

Board-certified psychiatrists oversee treatment, conduct psychiatric evaluations, and offer medical consultations. Through privileged clinical partnerships, community providers continue to serve as an extension of each client's treatment team.

Payment Options

We offer a variety of payment options including in-network, out-of-network, and private-pay rates. Call us at 818.351.7330 to discuss financial and insurance options.

Clearview Outpatient – Woodland Hills provides intensive day treatment to foster recovery and empower individuals to transform their lives.

For more information on how we can help, call 818.351.7330.

All calls are 100% confidential.



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clearviewtreatment.com/woodlandhills

