

SUPPORTING OUR NATION'S VETERANS

AS A COMMUNITY CARE NETWORK PROVIDER

About Us

We are proud to be a Veterans Administration's Community Care Network Provider, serving those who have served our country in the Virginia communities they call home.

The Pasadena Villa Outpatient Treatment Network provides treatment for adults, 18 years or older, struggling with a mental health condition. To combat the stigma around treatment, our first and most important priority is making sure the experience you have with us at Pasadena Villa is a comfortable and tailored to the needs of our military veterans.

Levels of Care

Partial Hospitalization Program (PHP)

- PHP typically meets in-person five days a week for up to six hours per day

Intensive Outpatient Program (IOP)

- IOP typically meets in-person three to five days a week for about three hours a day.

Virtual Intensive Outpatient Program (V-IOP)

- V-IOP is a state-wide evening program that meets virtually three days a week for three hours.

What We Treat

- Anxiety Disorders
- Bipolar Disorder
- Depressive Disorders
- Personality Disorders
- Post-Traumatic Stress Disorder (PTSD)
- Attention-Deficit Hyperactivity Disorder (ADHD)

How We Treat

Our program is rooted in strong evidence-based treatment methods that directly align with the VA/DOD's Clinical Practice Guidelines (CPG's) for the management and treatment of mental health disorders including depression and PTSD.

Additionally, we share the VA's commitment to prevent suicide among all Veterans through Identification of Risk, Clinical Evaluation, and Management.

We work with the Veteran and their family (as indicated) to resolve the problems contributing to the most disruption in their lives. We utilize the following modalities in our treatment:

- Cognitive Processing Therapy (CPT)
- Cognitive Behavioral Therapy (CBT)
- Dialectical Behavior Therapy (DBT)
- Acceptance and Commitment Therapy (ACT)
- Adjunct Therapies (Art, Music, Movement, Acupuncture, etc.)

Next Steps

Please Note: To utilize your VA benefits, a referral is required. Your local VA Medical Center can submit a referral using the **Health Share Referral Manager (HSRM)** or via fax directly to **800.991.4709**.

- Listed As: Renaissance Healthcare Group VA LLC
- National Provider Identifier (NPI): 1891390472
- Tax ID: 84-4227095



Josie Muse

Clinical Outreach Liaison

757.657.4900

josie.muse@pasadenavilla.com

Admissions: 855.521.5008

Pasadena Villa[®]
OUTPATIENT Norfolk